

If you are worried about the safety of a friend, neighbor or loved one, please call us. They may not be able to. ALL calls are confidential. 914-995-5972

We will continue to serve the community....Remotely

EMERGENCY 9-1-1

WESTCHESTER COUNTY OFFICE FOR WOMEN (OFW) (9am–5pm, Monday–Friday)

White Plains --- 914-995-5972 (English)
 914-995-6581 (Spanish)
 Yonkers --- 914-231-2882

FAMILY JUSTICE CENTER (FJC) --- For assistance, call 914-995-1880

WESTCHESTER COUNTY DEPARTMENT OF PROBATION --- 914-995-4762 White Plains / 914-231-2900 Yonkers / New Rochelle 914-813-5500

If you are seeking an order of protection, call one of the numbers above before going to court

Call Probation directly at 914-995-4762 to file TOPS and other court matters.

Phone installed outside White Plains courthouse for clients to call Probation directly at the 914-995-4762 to file TOPs and other court matters.

WHITE PLAINS FAMILY COURT --- 914-824-5500

DISTRICT ATTORNEY'S OFFICE SPECIAL PROSECUTIONS DIVISION / DV BUREAU --- 914-995-3000

Handling DV, Child Abuse and Elder Abuse and Human Trafficking

NYS OFFICE OF THE ATTORNEY GENERAL --- 800-771-7755 to report Coronavirus scams or other scams

CHILD CARE COUNCIL --- 914-761-3456 / Toll Free 844-387-7525 (9am–5pm, Monday–Friday)

Child Care Specialists extended hours are available on Tuesdays until 7pm

Email: childcare@cccwny.org / <https://www.childcarewestchester.org/>

FAMILY SERVICES OF WESTCHESTER (FSW) – (9am–8pm, Monday – Friday)

Providing mental health and social services to families, children and individuals. Telehealth is currently offering most clinical services, but if someone is in need, in crisis we can offer in person sessions. The best way to schedule is to call the clinic directors listed and arrange a time for counseling.

Yonkers --- Andrew Levine at alevine@fsw.org / 914-964-6767 x137

Pelham --- Andrew Levine at alevine@fsw.org / 914-738-1728 x18

Mt. Vernon --- Marlene Furtick at mfurtick@fsw.org / 914-668-9124 x10

Sleepy Hollow --- Kathy Howard at khoward@fsw.org / 914-631-2022 x16

Hastings --- Sonya Gaffney at Sonia.gaffney@fsw.org / 914-274-8334 x223

Port Chester --- Lupita Deluccia at ldeluccia@fsw.org / 914-305-6837

White Plains --- Lindsay March at lmarch@fsw.org / 914-948-8004 x22

HOPE'S DOOR --- (24/7) 888-438-8700

HUDSON VALLEY JUSTICE CENTER

Immigrant eviction assistance - 914-308-3490 x4 to complete an intake. FUNDS AVAILABLE THROUGH 12/30/2020.

LEGAL SERVICES OF THE HUDSON VALLEY --- Intake 877-574-8529 (9am–5pm, Monday–Friday)

Mount Vernon --- 914- 813-6811

Peekskill --- 914-402-2192 x193 / 159

White Plains --- 914-949-1305, press 0 for the operator or x100 / 127

Yonkers --- 914-376-3757, press 0 for the operator

Westchester Eviction Prevention HOTLINE --- 914-468-2175 English/Spanish

The LOFT: LGBT Community Services Center --- Helpline 914-948-2932 x13 (9am–5pm, Monday–Friday)www.loftgaycenter.com**MAKE THE ROAD NEW YORK** --- 914-948-8466 x1014 (9am –5pm, Monday–Friday)

Legal services including Immigration, Family Law, Employment, Health Advocacy / Coronavirus resources.

MY SISTERS' PLACE --- Hotline (24/7) --- 800-298-7233 / Intake --- 914-358-0333 x201 - counseling, safety planning, advocacy / Legal Intake --- 914- 358-0333 x201 or 914-683-1333 x108 - family law or immigration**PACE WOMEN'S JUSTICE CENTER** (9am–5pm, Monday–Friday)

For victim/survivors of intimate partner violence/domestic violence, sexual assault or elder abuse.

Family Court Legal Program --- 914-422-4035

Legal Helpline ---- 914-287-0739 / Legal Clinic ----914 – 422-4188

Services are bi-lingual

PUTNAM NORTHERN WESTCHESTER WOMEN'S SHELTER --- Hotline (24/7) 845-628-2166**ROCKLAND SHELTER, CENTER FOR SAFETY AND CHANGE** --- Hotline (24/7) 845-634-3344**VICTIMS ASSISTANCE SERVICES OF WESTCOP** ---Offers counseling, crime victims' compensation

Helpline (24/7) 914-345-9111 / press #2 for Spanish

Or TEXT to 914-690-7232

WOMEN'S ENTERPRISE DEVELOPMENT CENTER (WEDC) --- 914-948-6098 / email: Info@wedcbiz.org

Small business training, counseling and resources

WESTCHESTER MEDICAL CENTER

Sexual Assault Abuse and Victims Empowerment (SAAVE) Program 24/7 Rape Crisis Hotline 833-220-2444

WESTCHESTER RESIDENTIAL OPPORTUNITIES (WRO) - Offering assistance with utilities, rent or related expenses amid COVID-19---914-428-4507/ housinghelp@wroinc.org English/Spanish**UNITED WAY 2-1-1** / www.uwwp.org**WESTCHESTER COUNTY GOVERNMENT DEPARTMENTS** --- www.westchestergov.com**DEPARTMENT OF COMMUNITY MENTAL HEALTH** --- 914-995-1900 (8am-8pm, Monday-Friday)

Phone is checked regularly on off hours and throughout the weekends. People will receive a call back.

COVID 19 Text Support Line 914-461-7281

DEPARTMENT OF HEALTH HOTLINE --- 866-588-0195

DEPARTMENT OF PUBLIC SAFETY --- 914-864-7600

DEPARTMENT OF SENIOR PROGRAMS AND SERVICES --- 914-813-6300

DEPARTMENT OF SOCIAL SERVICES (DSS) District Offices (9am-4pm, Monday-Friday) will remain open for emergency walk-in assistance as needed, using appropriate social distancing / <https://socialservices.westchestergov.com/dss-district-offices>

EMERGENCY HOUSING ---914-995-2099

Emergency assistance --- <https://socialservices.westchestergov.com/emergency-assistance>

HUMAN RIGHTS COMMISSION --- 914-995-7710

HEALTH & WELL BEING RESOURCE INFORMATION

The Mental Health Empowerment Center/ RISE Center --- extended hours for MHEP Peer Support line and 24/7 online peer support meetings / www.facebook.com/MentalHealthEmpowermentProject/

Online Peer Support Group for individuals living with mental health challenges or social isolation. "Social isolation does not mean you are alone." Anyone and everyone is able to join this online peer support group / Starts March 27 at 6pm.

For Zoom link and password, please call the office at 914-664-3444 or email one of the facilitators, Victor at vclark@mhepinc.org / Hussein at HRazi-Bey@mhepinc.org / John at jlyn@mhepinc.org

Mental Health Association of Westchester --- 914-345-0700 / www.mhawestchester.org
Alt2SupGroups – Mondays, 6pm ZOOM ID#825-6224-5652

Saint Vincent's Crisis Prevention Response/Support --- 914-925-5959
Walk-in evaluations available 24/7 at St. Vincent's Hospital in Harrison

Westchester Independent Living Center --- online gatherings for mutual peer support and discussion for people with disabilities / www.wilc.org/events/

Westchester Jewish Community Services (WJCS) --- grief counselors 914-761-0600 / (9am-5pm, Monday-Friday)

WJCS's Trager Lemp Center provides therapy for adults and kids affected by family violence, and continuing to treat patients, using telehealth.

Hartsdale clinic --- 914-949-7699

Peekskill clinic --- 914-737-7338

Mt. Vernon clinic --- 914-668-8938

Yonkers clinic --- 914-423-4433

Follow the prompts, and a member of our TLC staff will get back to the caller / www.WJCS.com

Westchester Disabled On The Move, Inc. (WDOM) --- 914-968-4717 (English/Spanish)

Assist consumers by walking them through the Enrollment process to determine viable healthcare plans available specifically for them.

- Enroll in free or affordable health insurance
- Apply for financial assistance to help pay for coverage
- Compare and understand different health insurance options on NY State of Health
- Renewing Marketplace coverage

National Alliance on Mental (NAMI) OF NYC-Metro --- online peer support groups / www.naminycmetro.org**NYS Office of Mental Health COVID-19 Emotional Support Line --- 844-863-9314 schedule a free appointment**

<https://omh.ny.gov/>

<https://omh.ny.gov/omhweb/guidance/covid-19-managing-stress-anxiety.pdf>

OTHER IMPORTANT NUMBERS:**EMPLOYMENT / TRAINING INFORMATION****YWCA of White Plains & Central Westchester - Westchester Women's Mentoring Program -**

Diane Tukman: dtukman@ywcawpcw.org / 914-949-6227 / <http://ywcawhiteplains.org>

Westchester Putnam One Stop Center --- 914-995-3910 / www.westchesterputnamonestop.com

120 Bloomingdale Road, White Plains, NY 10605

Services: Volunteer Opportunities, Westchester/Putnam Workforce Investment

FOOD DISTRIBUTION/SOUP KITCHENS INFO**FEEDAMERICA.ORG --- search food banks in your area**

Westchester County Location: 200 Clearbrook Road, Elmsford, NY 10523

Telephone: 914-923-1100 / Fax: 914-923-1198 / <https://feedingwestchester.org>

Mobile food pantry distributions --- <https://feedingwestchester.org/find-help/mobile-food-pantry-schedule/>

Map to the nearest food pantries /soup kitchens ---

<https://wcgis.maps.arcgis.com/apps/webappviewer/index.html?id=9e41a43a66344a2cb80baf6d9baee139>

Medicaid Eligibility --- Medicaid eligibility processes during the COVID- 19 Emergency period

https://www.health.ny.gov/health_care/medicaid/publications/pub2020gis.htm

https://health.ny.gov/health_care/medicaid/publications/docs/gis/20ma04.pdf

National Association of School Psychologists --- Helping Children Cope with Changes resulting from COVID-19

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

NY Statewide Child Abuse Registry --- 800-342-3720 / <https://ocfs.ny.gov/main/cps/>**NYS COVID19 HOTLINE --- 888-364-3065 / 855-626-7662**

NYS Domestic Violence HOTLINE --- 800-942-6906

NYS Office of Children and Family Services --- 518-473-4614 / ocfs.ny.gov

National Deaf Videophone HOTLINE --- 9am-5pm M-F 855-812-1001 or deafhelp@thehotline.org

National Suicide Prevention Lifeline --- 800-273-8255

OCFS (New York State Office of Children and Family Services) --- ocfs.ny.gov

OPDV (Office for the Prevention of Domestic Violence) 24/7 --- text 844-997-2121 or chat with a professional on the new confidential; the text and online services will be staffed 24/7 with OPDV staff who are experts in the area of domestic violence – www.opdv.ny.gov

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